

# Elephant in The Room Q & A

## DVSSP-Waynesburg Central Greene High School

### Spring 2023

#### \*\*This document can also be accessed at <a href="http://www.bloom365.org/faqs">www.bloom365.org/faqs</a>

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BLOOM365 Peer Support HelpLine	Text or call a BLOOM365 advocate for free, confidential support. Text/Call: 1-888-606-HOPE (4673) Monday-Friday from 3PM-9PM (MST)
	To reach a specific advocate directly, please feel free to contact our HelpLine and tell us who you would like to speak to.
Domestic Violence Services of Southwestern PA (DVSSP)	24/7 Hotline <u>www.peacefromdv.org/hotline</u> WASHINGTON COUNTY: 800-791-4000 or 724-223-9190 GREENE COUNTY: 724-852-2463 FAYETTE COUNTY: 724-439-9500
Teen Lifeline	Text or call 602-248-TEEN (8336) for free, confidential support 24/7 relating to suicide, depression, bullying, or relationships.
National Teen Dating Violence Hotline	Text "LOVEIS" to 22522 24/7
National Domestic Violence Hotline	1-800-799-SAFE (7233)
National Sexual Assault Hotline	1-800.656.HOPE (4673)

#### **Resources:**

\*For additional resources, please visit <u>bloom365.org/resources</u>\*

Suicide Prevention Lifeline	988
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\*Content Warning: For some, Elephant in the Room Cards are places where they might disclose trauma, violence, or harm. We encourage you to proceed with caution if you have experienced power-based violence or abuse of any kind. If you need support, you can reach out to the Hotlines listed above.

### Q: Student A: BLOOM365 Advocate

Q: 1) Looking at phone and yelling at her 2) Forcing her to send bad pictures 3) Send her pictures out A: Forcing or coercing someone to send inappropriate photos and then decimating those pictures to others is a form of assault. We want anyone who has experienced this to know that what happened to them is not their fault and they did nothing to deserve that type of treatment. If it feels safe to do so, we encourage survivors of this form of assault to speak to a trusted adult or professional about what they have experienced. This can be school personnel such as a counselor or social worker or an advocate with organizations such as the National Sexual Assault Hotline or DVSSP. Healing from sexual assault will look different to each survivor and is possible with access to nonjudgemental support and resources. DVSSP and bloom365 advocates are here to offer support, resources, and care to any survivor who is going through something like this. You can find us at the hotline information above. You are not alone!

Q: When I was 14 my ex was 16 and he would try to make it seem like I didn't love him if I didn't partake in sexual things with him so I felt like I had to do stuff so he wouldn't leave and I struggle with regretting what I did with him and like it's my fault because I did stuff with him although I was so young and the past still effects me. It makes me feel like I'm gross, and I feel like I'm overreacting although it does effect me and kinda gives me anxiety around other men. And I'm scared to talked to my mom or law because I was under the age of legal consent.

A: Thank you for trusting us with such a deeply personal experience. We are so sorry to hear that you have experienced this in your past relationship. What you have experienced is not your fault. The decision to disclose abuse or sexual violence is an extremely personal one that is unique to each survivor and choosing to tell your mom or law enforcement is a decision that is ultimately yours to make. We encourage you to explore options that will be supportive in your healing journey and there are times where sharing our experiences with trusted people in our life like parents or friends can be very helpful in that journey. Talking with an advocate from the National Sexual Assault Hotline, DVSSP, or bloom365 can be helpful in navigating this part in your journey. You can reach out to one or the advocates listed at the hotline information listed above. We are here for you!

#### Q: I love the shirt. I would love one. I am a part of the LGBTQ+. I love all the designs

**A:** Thank you so much for these blooming compliments! We are so glad that you like our t-shirt designs. If you'd like to see our other designs and merchandise or purchase any you may like, you can go to our <u>online shop!</u>

#### Q: Men suck tbh. My choice didn't matter. Adults stink

**A**: We are sorry to hear that you are feeling as though your choice didn't matter. Thank you for sharing how you feel with us. You deserve to have your boundaries and choices respected. If you would like to talk more about this or would like a listening ear, DVSSP and bloom365 advocates are here to listen and support you. You can reach out to us at the hotline information listed above. We are here for you!