



# Elephant in The Room Q & A

Leading Edge Academy  
Spring 2023

**\*\*This document can also be accessed at [www.bloom365.org/faqs](http://www.bloom365.org/faqs)**

### Resources:

*\*For additional resources, please visit [bloom365.org/resources](http://bloom365.org/resources)\**

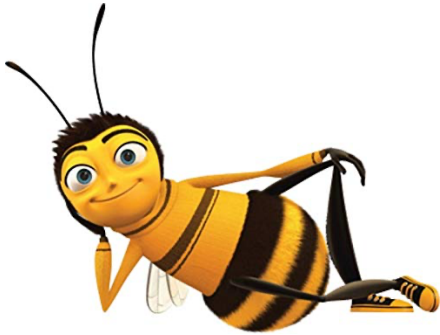
<p><b>BLOOM365 LEVEL Line</b></p>	<p><b>For free, confidential support:</b>  <b>Text/Call: 1-888-606-HOPE (4673)</b>  <b>Monday-Friday from 5PM-9PM (MST)</b></p> <p>To reach a specific advocate directly, please feel free to contact our Helpline and tell us who you would like to speak to.</p>
<p><b>Teen Lifeline</b></p>	<p>Text or call 602-248-TEEN (8336) for free, confidential support 24/7 relating to suicide, depression, bullying, or relationships.</p>
<p><b>National Teen Dating Violence Hotline</b></p>	<p>Text "LOVEIS" to 22522 24/7</p>
<p><b>National Domestic Violence Hotline</b></p>	<p>1-800-799-SAFE (7233)</p>
<p><b>National Sexual Assault Hotline</b></p>	<p>1-800.656.HOPE (4673)</p>
<p><b>Suicide Prevention Lifeline</b></p>	<p>1-800-273-TALK (8255)</p>

**\*Content Warning:** For some, Elephant in the Room Cards are places where they might disclose trauma, violence, or harm. We encourage you to proceed with caution if you have experienced power-based violence or abuse of any kind. If you need support, you can reach out to the Hotlines listed above.

**Q: Student**

**A: BLOOM365 Advocate**

**Q: According to all laws of aviation, a bee should not be able to fly. Its tiny little wings shouldn't be able to lift its fat little body off the ground. I love Bee Movie! :D**



**A:**

**Q: If I'm in a healthy relationship but still feel weird/uncomfortable when people talk about unhealthy relationships, does that make it unhealthy? Even if it's a super happy healthy relationship? Or why does that happen?**

**A:** Talking about unhealthy and toxic relationships can be difficult to talk about. It is normal to feel uncomfortable navigating these conversations as they can be triggering especially if you or someone you know has experienced these things. We encourage you to do whatever you need to do to take care of yourself. This might include stepping out of the classroom or putting your head down during doses or practicing some other form of self-care like journaling and talking with a trusted person. Please know that our advocates are always available to talk and we'd be happy to meet or talk with you if you need support!

**Q: What is the best way to cook a gator? A crock pot**

**A:** See you later gator! 😊

**Q: I'm hungry and I want to have spam musubi is my favorite <333 I love my nails**

**A:** Spam musubi is very tasty! 😊 Thank you for sharing some of your blooming thoughts with us!

**Q: Sometimes I'm scared to go to new places or meet new people because I'm transgender. Knowing that someone could react poorly to that scares me. I often hide my true self so that others don't say/do something to me. I also hate having to come out ALL of the time but I hate having to be remembered as the "girl" I used to be.**

**A:** Thank you for sharing your experiences with and for trusting us with them. Being out as a transgender person, especially in light of recent negative laws and narratives, can be a scary thing to do. Your identity

as a trans person is valid and you deserve to feel safe and welcome in the world. The most important thing is for you to stay safe, and know that any negative reactions from others is not your fault. If you'd like to come to a space where everyone is welcome and safe, we encourage you to reach out to BLOOM365 or [onenten.org](http://onenten.org) for support, community and connection. You are not alone and we are here for you!

**Q: "Only a few care about the rose that grows from concrete"**

**A:** What a beautiful quote!

**Q: "We can be sad because the rose bushes have thorns... or we can rejoice that the thorn bushes have roses"**

**A:** What gorgeous words - thank you for sharing these with us!

**Q: Thanks for coming in today!**

**A:** Of course, thank you for having us! :)

**Q: What do you call someone who can never keep their train of thought? A: Sad that Mrs. Smith is retiring :/**

**A:** We are sad to hear about Mrs. Smith's retirement! It sounds like she's been a really influential part of the Leading Edge Academy community. We hope you are able to enjoy the rest of your school year celebrating Mrs. Smith!

**Q: People being racist & thinking its funny when it's really not, boys in the hallway making sexist & uncomfortable comments, being told I'm not smart like my cousins, body image**

**A:** These are absolutely all things that can draw the line and can be really stressful scenarios. These can be intense situations that can have a real impact on your emotional and mental health. We encourage you to seek the support of trusted people such as a family member, friends, or advocate as you navigate these experiences. We also encourage you to seek out coping skills like journaling, engaging in physical activity, listening to your favorite music, or creative activities like coloring. You are not alone and there are people here to support you!