

Elephant in The Room Q & A

DVSSP Charleroi HS Spring 2023

**This document can also be accessed at www.bloom365.org/faqs

Resources:

For additional resources, please visit bloom365.org/resources

BLOOM365 HelpLine	For free, confidential support: Text/Call: 1-888-606-HOPE (4673) Monday-Friday from 5PM-9PM (MST)
	To reach a specific advocate directly, please feel free to contact our HelpLine and tell us who you would like to speak to.
Domestic Violence Services of Southwestern PA (DVSSP)	24/7 Hotline www.peacefromdv.org/hotline WASHINGTON COUNTY: 800-791-4000 or 724-223-9190 GREENE COUNTY: 724-852-2463 FAYETTE COUNTY: 724-439-9500
Teen Lifeline	Text or call 602-248-TEEN (8336) for free, confidential support 24/7 relating to suicide, depression, bullying, or relationships.
National Teen Dating Violence Hotline	Text "LOVEIS" to 22522 24/7
National Domestic Violence Hotline	1-800-799-SAFE (7233)
National Sexual Assault Hotline	1-800.656.HOPE (4673)
Suicide Prevention Lifeline	1-800-273-TALK (8255)

*Content Warning: For some, Elephant in the Room Cards are places where they might disclose trauma, violence, or harm. We encourage you to proceed with caution if you have experienced power-based violence or abuse of any kind. If you need support, you can reach out to the Hotlines listed above.

Q: Student A: BLOOM365 Advocate

Q: My stepdad has all of the red flags on the list.

A: Being at home with a family member who is exhibiting red flags or engaging in other harmful behaviors can be a very stressful and sometimes isolating experience. We are sorry to hear that you are experiencing this. We encourage you to reach out for support and to take some time to find healthy coping skills or strategies that work for you. This could look like reaching out to a supportive person such as a trusted family member, friend, or school counselor. Sharing what you're going through with those you trust can make you feel more supported and less alone. They may also be able to share resources and other tools with you. Our advocates are also here to offer support. Please feel free to reach out to us at the information above - we are here for you!

Q: Consent is cool! Don't harass!

A: Agreed! Consent is so important because no one should ever be forced to do anything that they do not want to do. Consent is a huge part of agency and all the rights that we have as individuals!

Q: Teen should learn masculinity as a tool that can help

A: Absolutely! Masculinity does not always have to be toxic or unhealthy and can be a healing way of being for some people. We highly encourage you to watch <u>our video</u> that discusses the impact of unhealthy gender norms and how masculinity can be redefined to support masculine-identified folks in healthy and loving ways!