Developed for and delivered to:

- Teachers/Student Support Staff
- Parents/Caregivers
- Youth Service Providers
- School Resource Officers
- Coaches
- Any adult who interacts with youth

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# CERTIFIED TRUSTED ADULT ALLY TRAINING

Teen Dating Abuse &
Sexual Violence
Prevention and Response

bloom365®

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**bloom365.org**

# CERTIFIED
# TRUSTED ADULT ALLY TRAINING

When adults know how to best recognize and respond to teens who have experienced, witnessed or used controlling or abusive behaviors...
teens are MUCH more likely to find safety, healing and hope!

## RECOGNIZE

o Red Flags: Signs, symptoms and statistics of teen dating violence/sexual violence.
o Risk Factors: Adverse Childhood Experiences, Social Determinants of Health and help seeking barriers.
o Root Causes: Individual, relationship, community, and societal influences.

**3 R's**

## RESPOND

o LEVEL Up Response Training
Listen: Practice active listening skills
Empathize: Role play what to say v. what not to say
Validate: Differentiate victim blaming from non-victim blaming responses
Encourage: Top 10 ways to keep the "door open" to help-seeking among teens and promote self-advocacy and empowerment.
Link to Resources: Know where/how to make relevant referrals and how to navigate complex and potentially dangerous situations.
o Mandatory Reporting Overview
o Best Practice Policies and Procedures
o Case Studies & Reflective Response Training
o Coordinated Community Response Team Toolkit

## REFRAME

o Youth Participatory Action
o The 12 P's of Prevention
o BHAG2030- the BLOOM365 "Tipping Point" Theory of Change.
o Uprooting abuse in a generation

Virtual: $90 pp
On-Site: $180 pp

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