



Elephant in The Room Q & A

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****This document can also be accessed at www.bloom365.org/faqs**

Resources:

For additional resources, please visit bloom365.org/resources

<p>BLOOM365 HelpLine</p>	<p>For free, confidential support: Text/Call: 1-888-606-HOPE (4673) Monday-Friday from 3PM-9PM (MST)</p> <p>To reach a specific advocate directly, please feel free to contact our HelpLine and tell us who you would like to speak to.</p>
<p>Teen Lifeline</p>	<p>Text or call 602-248-TEEN (8336) for free, confidential support 24/7 relating to suicide, depression, bullying, or relationships.</p>
<p>National Teen Dating Violence Hotline</p>	<p>Text "LOVEIS" to 22522 24/7</p>
<p>National Domestic Violence Hotline</p>	<p>1-800-799-SAFE (7233)</p>
<p>National Sexual Assault Hotline</p>	<p>1-800.656.HOPE (4673)</p>
<p>Suicide Prevention Lifeline</p>	<p>1-800-273-TALK (8255)</p>

***Content Warning:** For some, Elephant in the Room Cards are places where they might disclose trauma, violence, or harm. We encourage you to proceed with caution if you have experienced power-based violence or abuse of any kind. If you need support, you can reach out to the Hotlines listed above.

Q: Student

A: BLOOM365 Advocate

Q: Someone I talked to recently told me their partner has harmed them and they are currently arguing over other things and I'm worried for their safety but don't want to out them & tell an adult then they get mad, plus if something happens & she gets out of her living situation she'll have nowhere to go so I just don't know what to do + she's only told me so she'll know it's me

A: It sounds like this person is going through a lot, and we can tell you're concerned for them. We understand the position you're in is challenging, because you want to be supportive and you're worried for their safety, but you're also worried what might happen if anyone else finds out. If you feel concerned for your own or this person's safety, it's a good idea to talk to a trusted adult, such as a parent, school social worker/a school counselor/a teacher, or someone else that you feel comfortable talking to about the situation so that everyone can stay safe. If that is definitely not something you're comfortable doing, you could let this person know that you are concerned for their safety, and you could even share some resources with this person, like [the National Teen Dating Violence Hotline](#), or [the National Domestic Violence Hotline](#), BLOOM365's [red flags checklist](#), or even the number to BLOOM365's HelpLine if/when this person is ready to seek support. If you'd like to talk more about the situation, feel free to reach out to our HelpLine for free, confidential, non-judgmental support. We are here for you!