

Elephant in The Room Q & A

Coronado High School Dose 4 Flash Dose Fall 2022

**This document can also be accessed at www.bloom365.org/faqs

	For free confidential supports
BLOOM365 HelpLine	For free, confidential support:
	Text/Call: 1-888-606-HOPE (4673)
	Monday-Friday from 3PM-9PM (MST)
	To reach a specific advocate directly, please feel free to
	contact our HelpLine and tell us who you would like to speak to.
Teen Lifeline	Text or call 602-248-TEEN (8336) for free, confidential
	support 24/7 relating to suicide, depression, bullying, or relationships.
National Teen Dating Violence Hotline	Text "LOVEIS" to 22522 24/7
National Domestic Violence Hotline	1-800-799-SAFE (7233)
National Sexual Assault Hotline	1-800.656.HOPE (4673)
Suicide Prevention Lifeline	1-800-273-TALK (8255)

Resources:

For additional resources, please visit <u>bloom365.org/resources</u>

*Content Warning: For some, Elephant in the Room Cards are places where they might disclose trauma, violence, or harm. We encourage you to proceed with caution if you have experienced power-based violence or abuse of any kind. If you need support, you can reach out to the Hotlines listed above.

Q: Student A: BLOOM365 Advocate

Q: Do I just call you guys if I feel like I'm in a toxic relationship?

A: If you feel like you're in a toxic relationship, it can be useful to look at the blooming and wilting flowers or the <u>red flags checklist</u> to help you determine whether this relationship is healthy or unhealthy. You can always reach out to a BLOOM365 advocate if you'd like to talk more about this, we are here to listen and offer support. You can reach out to us by calling or texting our Helpline at 888-606-4673.

Q: How many people actually threaten?

A: While we do not have exact numbers as to how many people threaten others, we do know that almost 50% of Arizona teens who have experienced dating abuse have said that they never reported it. These numbers can be very unsettling to see. But when we work together to educate ourselves about abuse and advocate for those who have experienced it, we can lower these numbers and prevent abuse before it starts. You can read more about statistics and BLOOM365's impact here: https://www.bloom365.org/impact