



# Elephant in The Room Q & A

Girls Leadership Academy  
Spring 2022

**\*\*This document can also be accessed at [www.bloom365.org/faqs](http://www.bloom365.org/faqs)**

### Resources:

*\*For additional resources, please visit [bloom365.org/resources](http://bloom365.org/resources)\**

<p><b>BLOOM365 HelpLine</b></p>	<p><b>Text or call a BLOOM365 advocate for free, confidential support.</b>  <b>Text/Call: 1-888-606-HOPE (4673)</b>  <b>Hours of Operation:</b>  <b>Monday-Friday from 3PM-9PM (MST)</b></p> <p><b>To reach a specific advocate directly, please feel free to contact our advocacy line and tell us who you would like to speak to.</b></p>
<p><b>Teen Lifeline</b></p>	<p><b>Text or call 602-248-TEEN (8336) for free, confidential support 24/7 relating to suicide, depression, bullying, or relationships.</b></p>
<p><b>National Teen Dating Violence Hotline</b></p>	<p><b>Text "LOVEIS" to 22522 24/7</b>  <a href="http://www.thehotline.org">www.thehotline.org</a>  <b>1-866-331-9474</b></p>
<p><b>National Domestic Violence Hotline</b></p>	<p><b>1-800-799-SAFE (7233)</b></p>
<p><b>National Sexual Assault Hotline</b></p>	<p><b>1-800.656.HOPE (4673)</b></p>
<p><b>Suicide Prevention Lifeline</b></p>	<p><b>1-800-273-TALK (8255)</b></p>

**\*Content Warning:** For some, Elephant in the Room Cards are places where they might disclose trauma, violence, or harm. We encourage you to proceed with caution if you have experienced power-based violence or abuse of any kind. If you need support, you can reach out to the Hotlines listed above.

**Q: Student**

**A: BLOOM365 Advocate**

**Q: What causes SV? I appreciate the gender neutral names and pronouns**

**A:** That's a good question! Abuse and violence are based on power & control of another person. If you look at the roots of the Blooming and Wilting flowers, you'll see that "choice" is in both. This is because we ALL have a choice in how we are going to treat people-- with equity and agency or with power and control. Abuse is the choice of the abuser, not the fault of the survivor. If you'd like to talk more about this or anything else, feel free to reach out to a BLOOM365 Advocate at the number listed above!

**Q: What do you do about when you see your parents are in an unhealthy coercive relationship but are too blind in love to see it and their toxic!**

**A:** It can be very difficult to watch someone you know as a victim or perpetrator in an abusive relationship, and we understand wanting to help them. Please know that it is not your responsibility to intervene, but there are some ways you can help if you so choose. For one, you can serve as a supportive person in their life and let them know that you are there for them. If you feel comfortable, you can give them the number to the National Domestic Violence Hotline (1-800-799-SAFE(7233)). Don't be discouraged if they are not ready to make the call. Remember the importance of not blaming the victim and understand there are a lot of barriers to leaving an abusive relationship. If you are concerned about your safety or ever want to talk more about this, please contact a BLOOM365 advocate at the number above.