



Elephant in The Room Q & A

Maryvale High School
Summer 2022

****This document can also be accessed at www.bloom365.org/faqs**

Resources:

For additional resources, please visit bloom365.org/resources

<p>BLOOM365 HelpLine</p>	<p>For free, confidential support: Text/Call: 1-888-606-HOPE (4673) Monday-Friday from 3PM-9PM (MST)</p> <p>To reach a specific advocate directly, please feel free to contact our HelpLine and tell us who you would like to speak to.</p>
<p>Teen Lifeline (24/7)</p>	<p>Text or call 602-248-TEEN (8336) for free, confidential support relating to suicide, depression, bullying, or relationships.</p>
<p>National Teen Dating Violence Hotline (24/7)</p>	<p>Text "LOVEIS" to 22522</p>
<p>National Domestic Violence Hotline (24/7)</p>	<p>1-800-799-SAFE (7233)</p>
<p>National Sexual Assault Hotline (24/7)</p>	<p>1-800.656.HOPE (4673)</p>
<p>Suicide Prevention Lifeline (24/7)</p>	<p>1-800-273-TALK (8255)</p>
<p>ACESDV: Arizona Sexual and Domestic Violence Helpline</p>	<p>Call: (602) 279-2980 or (800) 782-6400 SMS Text: (520) 720-3383 Arizona Relay Service 7-1-1 Monday-Friday, 8:30a – 5:00p with extended hours on Tuesday 8:30a – 7:00p</p>

***Content Warning:** For some, Elephant in the Room Cards are places where they might disclose trauma, violence, or harm. We encourage you to proceed with caution if you have experienced power-based violence or abuse of any kind. If you need support, you can reach out to the Hotlines listed above.

Q: Student

A: BLOOM365 Advocate

Q: Why does our school and its students choose to be so negligent?

A: We are so sorry that you're having this experience at school. We want you to know that you are not alone, and we are glad that you've reached out for support. You deserve to feel safe and supported at school, and your school should always provide a safe environment for you. If you feel safe and comfortable doing so, we encourage you to talk to a trusted adult in your life, such as a parent/guardian or another family member, or even someone at school, like a social worker or counselor, or even a coach, about what's going on so that you can remain safe and feel supported while at school. If you'd like to talk more about this or any other questions you might have, feel free to reach out to our HelpLine at the number listed above. We are here for you!

Q: I was peer pressured to do something. :(

A: We are so sorry you were pressured to do something. You deserve to have your boundaries respected, and we understand it can be really challenging when the people around us utilize power and control and violate those boundaries. What you've experienced is not your fault, and we want to remind you that you are not alone. If you'd like to talk more about this or anything else on your mind, we encourage you to reach out to our HelpLine at the number listed above for additional resources and support.